

HELP is Closer Than You Think!

If you or a family member needs information about the availability of services in your community, contact Senior LinkAge Line®. Information is just a phone call away.



**The Senior LinkAge Line®
is an INFORMATION AND
ASSISTANCE SERVICE which
makes it easy for older adults
and their families to find
community-based services.**

Do you need assistance in finding:

- Adult day services
- Chore programs
- Employment
- Financial supports
- Food/meal delivery
- Health care directives
- Health care Ombudsman
- Health insurance
- Home health/nursing services
- Hospice
- Housing
- Legal assistance
- Minor home repair
- Affordable prescription drugs
- Respite
- Support groups
- Transportation
- Volunteer opportunities
- Other services

Do you need assistance with:

- Understanding medical bills
- Understanding insurance claims
- Understanding Medicare coverage

**Have Questions?
Need Answers?**

**Don't Know Where to
Start?**

The Senior LinkAge Line® is where you will find trained specialists who will assist you in finding the information you need.

1-800-333-2433



The Senior LinkAge Line® is a statewide service provided through the Minnesota Board on Aging.

Visit the MBA website at www.mnaging.org for more information.

The services, facilities, and benefits of this program are for the use of all older people regardless of race, color, sex, religion, disability, or national origin.

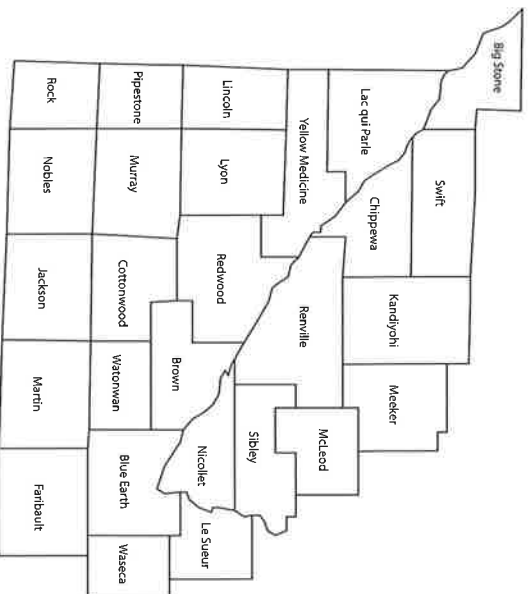
The 27-county MNRAAA Senior LinkAge Line® Call Center is a service of:

- Mid-Minnesota Development Commission
- Region Nine Development Commission
- Southwest Regional Development Commission
- Upper Minnesota Valley Regional Development Commission

1-800-333-2433

Serving the

MNRAAA Counties of:



We can help with information or assistance.

Call the

Senior LinkAge Line®

1-800-333-2433

TDD users can call the

MN Relay at 711 or

1-800-627-3529

Online Directory Available

www.MinnesotaHelp.info

MinnesotaHelp.info is an online directory of services designed to help people identify resources such as human services, information & referral, financial assistance, and other forms of aid and assistance within Minnesota.

MinnesotaHelp.info is especially rich in resource information for seniors and their caregivers; persons with disabilities & their caregivers; parents and families; and low income people.



Call for your connection to the services near you.

1-800-333-2433