



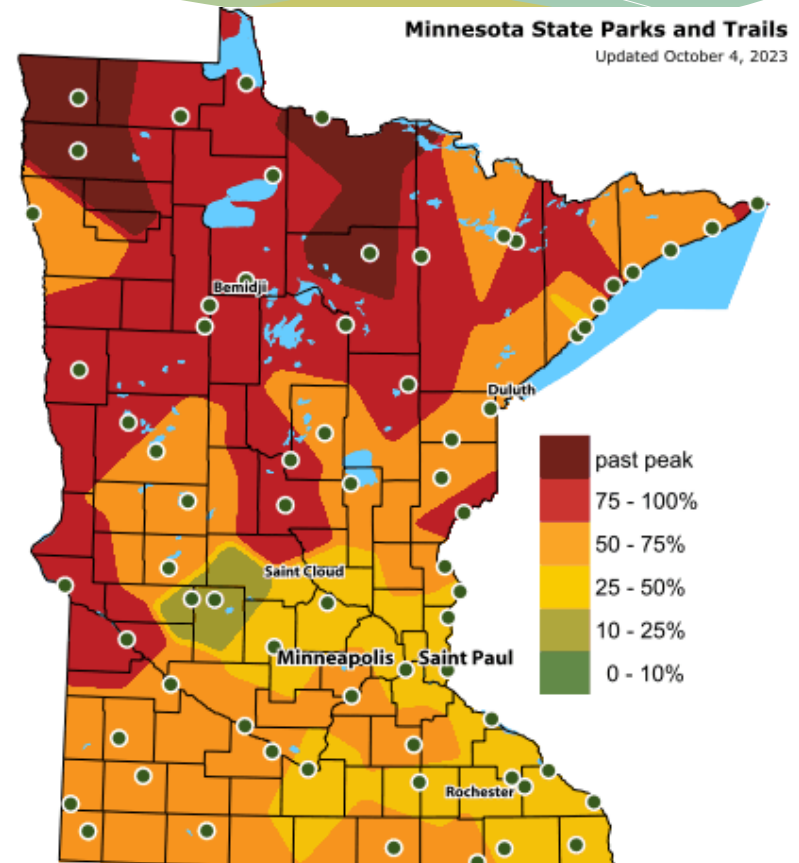
Community Leadership Team

October 25th, 2023



Agenda

- * Introductions/Icebreaker.
- * SHIP Updates.
 - * Year end reporting.
 - * SHIP 2023-2024 Cycle.
- * Partner Share:
 - * Canvas Health.
- * Roundtable Updates.



Icebreaker

- * Apple cider donuts or pumpkin bread?
- * What is your favorite haunted house or haunted hayride?
- * What is your favorite Halloween movie?



Land Acknowledgement

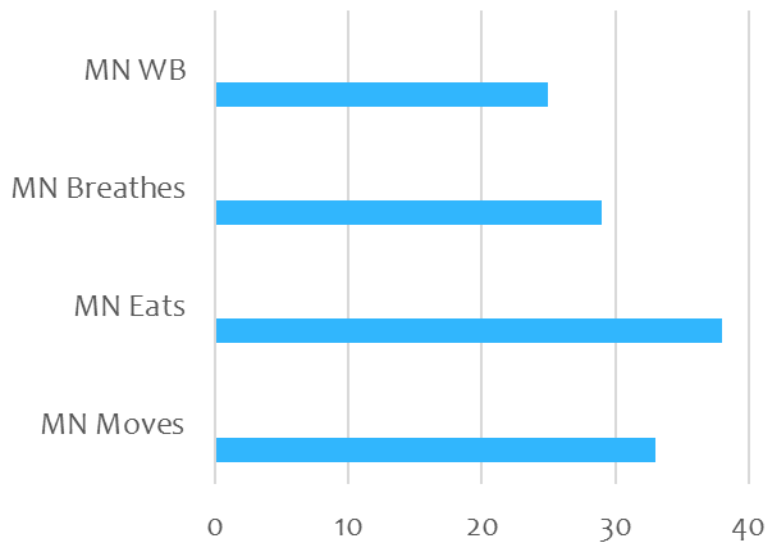
- * Every community owes its existence and vitality to generations from around the world who contributed their hopes, dreams, and energy to making the history that led to this moment. Some were brought here against their will, some were drawn to leave their distant homes in hope of a better life, and some have lived on this land for more generations than can be counted. Truth and acknowledgment are critical to building mutual respect and connection across all barriers of heritage and difference.
- * We begin this effort to acknowledge what has been buried by honoring the truth. We are standing on the ancestral lands of the Dakota people. We want to acknowledge the Dakota, the Ojibwe, the Ho Chunk, and the other nations of people who also called this place home. We pay respects to their elders past and present. Please take a moment to consider the treaties made by the Tribal nations that entitle non-Native people to live and work on traditional Native lands. Consider the many legacies of violence, displacement, migration, and settlement that bring us together here today. Please join us in uncovering such truths at any and all public events.*
- * *This is the acknowledgment given in the USDAC Honor Native Land Guide – edited to reflect this space by Shannon Geshick, MTAG, Executive Director Minnesota Indian Affairs Council #HonorNativeLand — U.S. Department of Arts and Culture (usdac.us)
11/10/2022

SHIP- General Updates

- * SHIP focus for 2024.
 - * If you see any priority needs in your community, what are they?
- * SHIP Budget:
 - * \$192,621 for SHIP 2023/2024.
- * Community Partner Awards-
 - * Projects Funded- \$34,464.20.
 - * Remaining Funding- will be used for carryover funds.
- * Communication Tracker-
 - * Over 60 news media meetings.
- * Leverage Funding Tracker (non-SHIP funding for partner sites)-
 - * \$269,101.40.
- * SHIP Health Equity Projects:
 - * External = Mental Health and Windom CIC partnerships.
 - * Internal = Promoting Equity training opportunities for staff.
- * PeaceMaker Trainings:
 - * Peacemaker trainings are a wonderful training to help you understand what becoming trauma-informed means.
 - * These workshops prepare us for being our best selves at work and home, and then will help us become more aware of trauma and then apply trauma-informed principles into our lives.

SHIP Partners- 2022-2023

SHIP Projects w/ Partners
2022-234



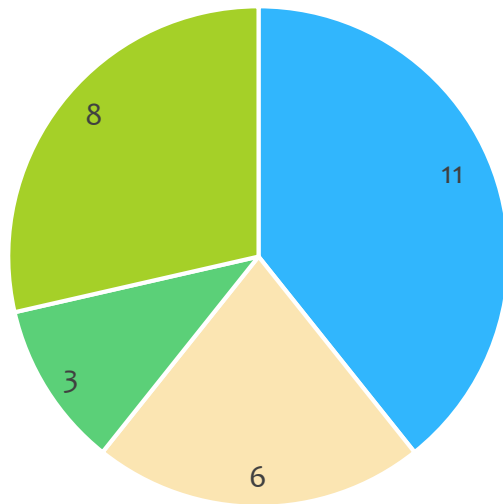
- * Our SHIP team had about 70 partners with an estimated total activities/projects for the 2022/2023 SHIP Cycle.

SHIP Projects/Activities

- * Tobacco-Free County Grounds.
- * Smoke-Free Housing.
- * Point of Sale- Cottonwood and Jackson Counties.
- * City of Jackson Active Living Plan.
- * City of Lakefield Active Living Plan.
- * City of Windom Active Living Plan.
- * City of Mt. Lake Active Living Plan.
- * City of Worthington Active Living Plan.
- * City of Adrian Active Living Plan.
- * Jackson County Parks and Trails Master Plan.
- * Jackson Community Gardens.
- * Jackson Farmers Market.
- * Windom Farmers Market.
- * Worthington Farmers Market.
- * Jackson Food Shelf.
- * Windom Food Shelf.
- * Nobles County Food Shelves.
- * JCC Schools.
- * HLO Schools.
- * Windom Area Schools.
- * Windom ELC.
- * Mt. Lake Schools.
- * Mt. Lake Christian School.
- * Worthington Schools.
- * Adrian Schools.
- * Worksite Wellness- Cottonwood, Jackson, Nobles County.
- * Bicycle Friendly Businesses and Colleges.
- * Sanford Worthington Medical Center- Food Rx Program/Grant.
- * Healthy Brain Initiative & Evidence-based Programs.
- * Windom Integration Committee.
- * Mental Health Suicide Prevention Cohort.
- * Latch and Learns/Breastfeeding Boosters.
- * Trauma-Informed Agencies.
- * Little Huskies Daycare.
- * Worthington Head Start.
- * Windom Area Health- Social Connections and Evidence-based Programs.
- * Jackson Library.
- * Windom Library.
- * Worthington Ministerial Association.
- * DVHHS- Jackson and Windom offices.
- * Prairie Ecology Bus Center.
- * AGCO.
- * Worthington Center for Active Living.
- * Jars of Clay Sheldon Outreach Center.
- * Round Lake-Brewster Schools.
- * Story Strolls.
- * Nobles County Parks.

SHIP Collaborative Partners

Collaborative Partners



MN Moves.

MN Well-Being.

MN Eats.

MN Breathes.

- * Our SHIP team had over 20 Collaborative Partners for the 2022/2023 SHIP Cycle.

SHIP Collaborative Partners

- * Cottonwood-Jackson County Behavioral Health Task Force.
- * PCN/PATH Coalition.
- * Cottonwood County Senior Wellness Committee.
- * Jackson County Hunger Team.
- * Jackson Action Team.
- * Jackson County Addiction Prevention Safety Coalition.
- * Jackson Senior Center Site Council and Jackson Advisory Committee.
- * Jackson Park Board.
- * Friends of the Jackson County Trails Committee.
- * Lakefield Recreation Board.
- * Prairie Ecology Bus Center.
- * Bike Alliance of MN.
- * SW Regional Development Commission.
- * Jackson Community Foundation Committee.
- * Mountain Lake Active Living Committee.
- * Windom Integrative Collaborative/Windom CIC.
- * Nobles County Senior Advisory Committee.
- * Adrian Active Living/Safe Routes to School Committee.
- * Jackson Center for the Arts.
- * Jackson County Animal Control Committee.
- * DVHHS Cheers from Peers.
- * MNRAAA.
- * *Collaborative Partners help us work toward or implement PSE Changes.*

Current SHIP Projects

Completed Projects (since June 2023)

- * MN MOVES:
 - * City of Lakefield- community and pool recreation equipment.
 - * City of Jackson- bicycle racks.
 - * Windom Library- standing workstations.
 - * Nobles County Parks- county park benches.
- * MN EATS:
 - * City of Jackson- outdoor Hydration Stations.
 - * Little Huskies Daycare- ECE Gardens.
 - * Worthington School District- multipurpose Wellness Room (includes breastfeeding support).
 - * DVHHS Windom Office- worksite gardens.
 - * UM Extension FM360- Jackson and Worthington Farmers Markets.
- * MN Well-Being:
 - * Jackson Senior Advisory Committee (ongoing).
- * MN Tobacco-Free:
 - * Jackson County- multi-unit housing assistance

Projects in the Works

- * MN MOVES:
 - * Mt. Lake Public School- pickleball equipment.
 - * Mt. Lake Christian School- heart rate monitors, cross country skis, learn to ride bike fleet.
- * MN EATS:
 - * HLO Schools- School-based agriculture.
 - * Jackson Food Shelf- SuperShelf projects.
 - * Windom Food Shelf- SuperShelf projects.
- * MN Well-Being:
 - * Dementia Friendly Communities- Cottonwood County.
- * MN Tobacco-Free:
 - * Tobacco Ordinance & Point of Sale (ongoing).

New SHIP Projects

- * Jackson and Worthington Daycares-
 - * ECE Gardens.
- * Round Lake-Brewster Schools.
 - * Social Connections, Nutrition, Food Access.
- * Windom ELC-
 - * Social Connections, Social Emotional Learning.
- * Worthington Library-
 - * Story Strolls.
- * Worthington Center for Active Living-
 - * Bicycle Education Programs.

MN Eats- Healthy Eating



MN Moves- Physical Activity



MN Well-Being



MN Breathes



JUNE	JULY	AUGUST
June 15 9 p.m. LBA Family Late Swim	July 11 6 p.m. Kickball in Lakefield	August 2 8-10 p.m. Late Swim for kids entering grades 6-12
June 16 6 p.m. Teen Sand Volleyball	July 26 4 p.m. Chess tourney at the fair	August 9 5 p.m. Frisbee Golf in Jackson
June 16 Dusk - Teen movie at volleyball court	July 27 4 p.m. Corn hole tourney at the fair	August 16 Town & Country Parade in Jackson
June 17 2 p.m. Lakefield Summerfest Parade	July 28 4 p.m. 9 square & donkey races at the fair	August 17 Block Party in Jackson
June 27 6 p.m. Chess tourney at Jars of Clay		

Find us online for all the details!

- facebook.com/onehuskypack
- instagram.com/onehuskypack
- onehuskypack.org



Questions? Contact Gina at gina.sinn@jccschools.net or 507.236.0447



PUBLIC HEALTH LAW CENTER SMOKE-FREE HOUSING

MAKING AFFORDABLE HOUSING SMOKE-FREE

First Steps

This fact sheet answers common questions the public health community and others may have when they begin to advocate for smoke-free housing policies in low-income or subsidized multi-unit housing.

It offers suggestions on how to find affordable housing providers and educate them about smoke-free policies and the potential public health benefits. This public law supplements the Public Health Law Center's other resources available from housing coalition to website.

Q: How do I locate affordable housing developments in my community?

A: The U.S. Department of Housing and Urban Development (HUD) has a searchable online website about affordable housing providers across the U.S. Another great resource is state or local housing finance agencies. The organization identifies a listing of all properties that have received a special federal tax credit available for low-income housing developments, commonly called Section 820 credits, referring to the location of the federal tax credit. You may also want to identify specific cities in county website listing

www.mnsmokefreehousing.org



**World Breastfeeding
Week
&
National Breastfeeding
Month**





CANVAS HEALTH SUICIDE PREVENTION PROGRAM





canvas HEALTH

ARIANNA SANTOS

SOUTHWEST SUICIDE PREVENTION REGIONAL COORDINATOR

COUNTIES: ROCK, LINCOLN, YELLOW MEDICINE, NOBLES, LYON, JACKSON, COTTONWOOD, REDWOOD, MURRAY, PIPESTONE.

EMAIL: ASANTOS@CANVASHEALTH.ORG

PHONE: 605-610-9822

TRAINING CERTIFICATIONS: QPR, CONNECT POSTVENTION, CHANGING THE NARRATIVE, CANVAS HEALTH COMMUNITY TRAININGS



CANVAS HEALTH OVERVIEW

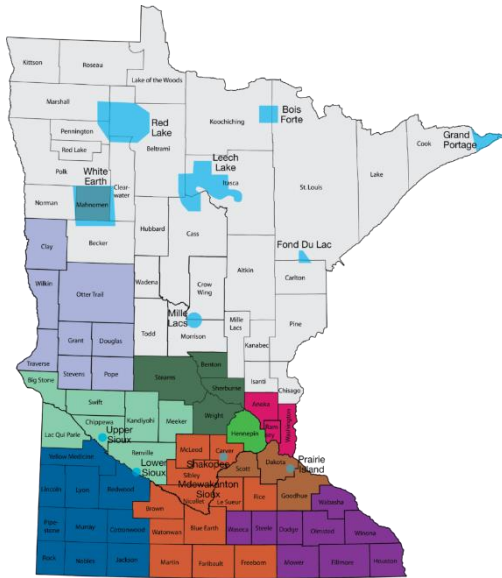
Mental health, substance use disorder, and crisis care for all

- We are compassionate clinicians who are dedicated to bringing hope, healing, and recovery to the people we serve. We help children, adolescents, adults, and families find ways to heal as they cope with mental illness, substance use, unstable housing, trauma, and abuse.

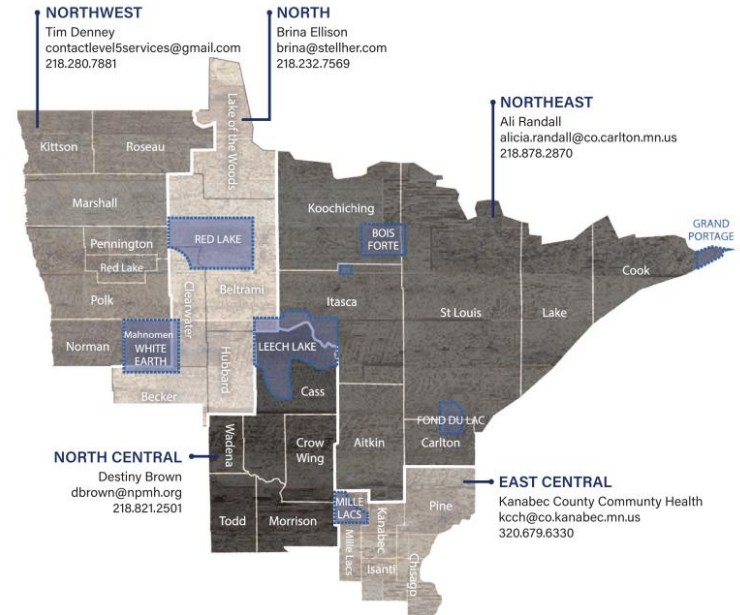
All are welcome. We work to honor every client's individual life experience. We include and value all backgrounds, sexual orientation, gender identification, or disabilities.



SUICIDE PREVENTION OVERVIEW



Canvas Health



Carlton County

AVAILABLE TRAININGS



- 18+
- 60 Minutes
- QPR Gatekeeper Certification
 - Indirect/Direct Verbal Clues
 - Situational Clues
 - Behavioral Clues
 - Suicide Statistics



- 18+
- Training can be done prior to any suicide in a community to enhance knowledge if death does occur
- If post-death, training must be done 1 year after
- 4 hour training
- Best practices on how to coordinate comprehensive and safe responses to suicide

AVAILABLE TRAININGS



safeTALK

- 18+
- In-Person Only
- 4 hours
- All Suicide Warning Signs, Videos, Interactive Workshops



YOUTH
MENTAL
HEALTH
FIRST AID®

- 18+
- Directed towards teachers, parents, family members, and other staff that may work with youth
- 4.5-5.5 Hour Training with 2 hour self-paced learning before in-person
- Textbooks included
- Warning signs for youth and how to interactive if in a crisis situation with youth

CHANGING THE NARRATIVE

- 2-4 hour training
- 18+
- Conversation about the different feelings, beliefs, and attitudes talking about mental health and suicide. Participants will leave with an understanding about the importance of language, be able to identify risk and protective factors, and be empowered to respond to people in distress.



WHAT DOES THIS MEAN FOR HEALTH EQUITY?





CHALLENGES?

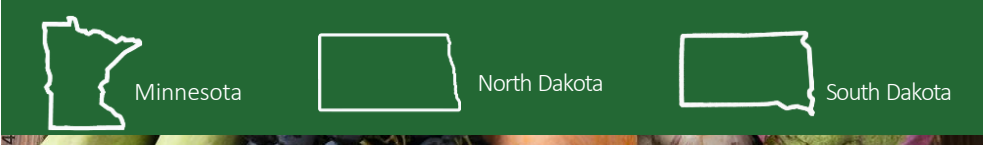




GOALS?



North Central USDA Regional Food Business Center



- Established to drive economic opportunities across our region, creating a more diversified food system.
- Support producers by providing localized assistance to access a variety of markets including linking producers to wholesalers and distributors.
- Target our work with a focus on historically under-invested communities in our region.



The Southwest Regional Development Commission will work to identify areas in need of technical assistance and investments that will build additional regional capacity to support a local food system.

We will work to boost SW Minnesota's food systems in response to supply chain weaknesses, small business challenges and other difficulties exposed by the recent pandemic.

The Regional Food Business Centers focus on providing opportunities for businesses, non-profits and the underserved and unserved.

- Potential Opportunities**
- Farmer's Markets
 - Food Forest
 - Senior Dining
 - Home Delivered Meals
 - Local Grocery Stores
 - Food Shelf
 - Meat Lockers
 - Farm to Schools & Care Facilities
 - Incubator Programs
 - Education
 - Farms, Livestock
 - Vineyards
 - Breweries
 - Orchards
 - Community Gardens
 - Convenience Stores
 - Much More
- 

\$15 Million over Five Years



Food deserts are geographical areas in which residents lack access to affordable, healthy foods.

Many small communities in SW MN do not have a grocery store or even a gas station or convenience store.

Around 1 in 8 Americans are food insecure.



Business Builder Sub-Awards



In addition to the main USDA Food Business Center Grant, there will be one opportunity per year for Value Chain Businesses to apply for a portion of a \$50K sub-award.



- Max \$50K awards statewide
- No match
- 2-year implementation period



Eligible applicants: Small to mid-size value chain businesses (producers/growers, aggregators, distributors, and producers)

Eligible uses: Staff time, business planning activities (market analysis, feasibility studies, Environmental Impact Assessment – EIA's), software implementation, equipment, marketing, website, and more.



The Southwest Regional Development Commission will serve our 9-county region while collaborating with and drawing on ideas of other agencies doing the same work across the state.



Contact:
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Southwest Regional Development Commission
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Mobile: 507-227-4414 | Office: 507-836-1631
Email: Kimm@swrdc.org

Roundtable Updates



Thank You !

- * Next meetings:
 - * Winter 2024.

- * Claire Henning
 - * chenning@co.nobles.mn.us
- * Luke Ewald
 - * luke.ewald@dvhhs.org